

## LUNCH

| Monday 11.01.2021 |                                                   |
|-------------------|---------------------------------------------------|
| Soup              | Pea                                               |
| Meat              | Pork steaks with onion and vegetable rice         |
| Fish              | Grilled mackerel with potatoes and boiled carrots |
| Vegetarian        |                                                   |
| Dessert           | Fruit   Sweet   yogurt                            |

| Tuesday 12.01.2021 |                                 |
|--------------------|---------------------------------|
| Soup               | Beans and vegetables            |
| Meat               | Roasted turkey leg and potatoes |
| Fish               | Cod lasagne with spinach        |
| Vegetarian         |                                 |
| Dessert            | Fruit   Sweet   yogurt          |

| Wednesday 13.01.2021 |                                             |
|----------------------|---------------------------------------------|
| Soup                 | Fish                                        |
| Meat                 | Mixed grill with corn bread, rice and beans |
| Fish                 | Hake with potatoes and sautéed vegetables   |
| Vegetarian           |                                             |
| Dessert              | Fruit   Sweet   yogurt                      |

| Thursday 14.01.2021 |                                                                   |
|---------------------|-------------------------------------------------------------------|
| Soup                | Leek                                                              |
| Meat                | Chicken in the oven with lemon, spaghetti and sautéed green beans |
| Fish                | Squid stew with mashed potatoes                                   |
| Vegetarian          |                                                                   |
| Dessert             | Fruit   Sweet   yogurt                                            |

| Friday 15.01.2021 |                                           |
|-------------------|-------------------------------------------|
| Soup              | Watercress                                |
| Meat              | Veal steaks with mushrooms and white rice |
| Fish              | Flounder with roasted potatoes            |
| Vegetarian        |                                           |
| Dessert           | Fruit   Sweet   yogurt                    |

## DINNER

| Monday 11.01.2021    |  |
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| Tuesday 12.01.2021   |  |
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| Wednesday 13.01.2021 |  |
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| Thursday 14.01.2021  |  |
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| Friday 15.01.2021    |  |
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## LUNCH

| Monday 18.01.2021 |                                              |
|-------------------|----------------------------------------------|
| Soup              | Vegetable                                    |
| Meat              | Veal with pasta                              |
| Fish              | Stewed squid with potatoes, carrots and peas |
| Vegetarian        |                                              |
| Dessert           | Fruit   Sweet   yogurt                       |

| Tuesday 19.01.2021 |                                     |
|--------------------|-------------------------------------|
| Soup               | Cabbage                             |
| Meat               | Rice with pork, sausage and chicken |
| Fish               | Perch with baked potatoes           |
| Vegetarian         |                                     |
| Dessert            | Fruit   Sweet   yogurt              |

| Wednesday 20.01.2021 |                                             |
|----------------------|---------------------------------------------|
| Soup                 | Courgette and green beans                   |
| Meat                 | Grilled pork chops and rice with vegetables |
| Fish                 | Fish pie                                    |
| Vegetarian           |                                             |
| Dessert              | Fruit   Sweet   yogurt                      |

| Thursday 21.01.2021 |                                                                |
|---------------------|----------------------------------------------------------------|
| Soup                | Spinach                                                        |
| Meat                | Stewed chicken with onion, rosemary, lemon and boiled potatoes |
| Fish                | Breaded fillets and rice with peas                             |
| Vegetarian          |                                                                |
| Dessert             | Fruit   Sweet   yogurt                                         |

| Friday 22.01.2021 |                                                  |
|-------------------|--------------------------------------------------|
| Soup              | White bean soup with cabbage                     |
| Meat              | Roast turkey with orange sauce and spaghetti     |
| Fish              | Forkbeard in the oven with potatoes and broccoli |
| Vegetarian        |                                                  |
| Dessert           | Fruit   Sweet   yogurt                           |

## DINNER

| Monday 18.01.2021 |  |
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| Tuesday 19.01.2021 |  |
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| Wednesday 20.01.2021 |  |
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| Thursday 21.01.2021 |  |
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| Friday 22.01.2021 |  |
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## LUNCH

| Monday 25.01.2021 |                                      |
|-------------------|--------------------------------------|
| Soup              | Vegetable                            |
| Meat              | Stewed pork leg with mashed potatoes |
| Fish              | Fried marmots with black-eyed beans  |
| Vegetarian        |                                      |
| Dessert           | Fruit   Sweet   yogurt               |

| Tuesday 26.01.2021 |                                    |
|--------------------|------------------------------------|
| Soup               | Watercress with carrots            |
| Meat               | Turkey stroganoff with fusilli     |
| Fish               | Stuffed squid with boiled potatoes |
| Vegetarian         |                                    |
| Dessert            | Fruit   Sweet   yogurt             |

| Wednesday 27.01.2021 |                         |
|----------------------|-------------------------|
| Soup                 | Fish                    |
| Meat                 | Veal pie                |
| Fish                 | Tuna with Russian salad |
| Vegetarian           |                         |
| Dessert              | Fruit   Sweet   yogurt  |

| Thursday 28.01.2021 |                             |
|---------------------|-----------------------------|
| Soup                | Chickpea with cabbage       |
| Meat                | Pork steak with rice        |
| Fish                | Codfish with onion and eggs |
| Vegetarian          |                             |
| Dessert             | Fruit   Sweet   yogurt      |

| Friday 29.01.2021 |                                         |
|-------------------|-----------------------------------------|
| Soup              | Green bean                              |
| Meat              | Chicken with chestnuts and saffron rice |
| Fish              | Fish and spinach tortilla               |
| Vegetarian        |                                         |
| Dessert           | Fruit   Sweet   yogurt                  |

## DINNER

| Monday 25.01.2021 |  |
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| Tuesday 26.01.2021 |  |
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| Wednesday 27.01.2021 |  |
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| Thursday 28.01.2021 |  |
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| Friday 29.01.2021 |  |
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## LUNCH

| Monday 01.02.2021 |                                |
|-------------------|--------------------------------|
| Soup              | Beans with cabbage             |
| Meat              | Beef Lasagne                   |
| Fish              | Fried ray with rice and tomato |
| Vegetarian        |                                |
| Dessert           | Fruit   Sweet   yogurt         |

| Tuesday 02.02.2021 |                                         |
|--------------------|-----------------------------------------|
| Soup               | Courgette with green beans              |
| Meat               | Turkey leg with herbs and pasta         |
| Fish               | Cod with potatoes, chickpea and parsley |
| Vegetarian         |                                         |
| Dessert            | Fruit   Sweet   yogurt                  |

| Wednesday 03.02.2021 |                            |
|----------------------|----------------------------|
| Soup                 | Wild radish                |
| Meat                 | Pork kebabs with spaghetti |
| Fish                 | Mixed fish stew            |
| Vegetarian           |                            |
| Dessert              | Fruit   Sweet   yogurt     |

| Thursday 04.02.2021 |                                                         |
|---------------------|---------------------------------------------------------|
| Soup                | Spinach                                                 |
| Meat                | Veal steaks with mustard, mushrooms and mashed potatoes |
| Fish                | Gratin flounder and rice with peas                      |
| Vegetarian          |                                                         |
| Dessert             | Fruit   Sweet   yogurt                                  |

| Friday 05.02.2021 |                                              |
|-------------------|----------------------------------------------|
| Soup              | Cabbage                                      |
| Meat              | Stewed chicken and rice with cabbage         |
| Fish              | Hake in the oven with bacon and baked potato |
| Vegetarian        |                                              |
| Dessert           | Fruit   Sweet   yogurt                       |

## DINNER

| Monday 01.02.2021 |  |
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| Tuesday 02,02.2021 |  |
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| Wednesday 03.02.2021 |  |
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| Thursday 04.02.2021 |  |
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| Friday 05.02.2021 |  |
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